

Develop Empowered, Resilient People

Keynote

DERP-KN-11 – Effective Goal Setting

Delivery Format

Live online or live in-person.

Who Should Attend?

General.

Duration

1 hour (inc. Q&A).

Keynote Aim

Being a high performer starts with you having clear goals that inspire, grow and bring you fulfilment at work. You've probably heard of SMART goal setting, yet how do you apply it in a manner that both inspires you and creates balance in your life?

In this interactive workshop, you will discover and learn how to apply principles that peak performers use to get the very most from themselves and to make the next 12 months your very best year yet.

Benefits of Attending

Participants of this workshop will benefit from the following:

- Discover a framework you can apply immediately to set goals that inspire and helps you be at your best at work
- Take away a template and tool that you can use to guide you in this journey
- Be inspired to make this the most meaningful and productive year at work