

Create High EQ Leaders

Workshop

CHEQL-WS-13 – Mentoring for Leaders: How to Build a Better Team and Business

Delivery Format

Live online or live in-person.

Who Should Attend?

This course is designed for leaders who want to learn how to mentor their employees more effectively. It is suitable for leaders at all levels, from managers to CEOs.

Course Aim

To teach leaders how to mentor their employees effectively using positive psychology techniques, in order to build a stronger team and business.

Course Outcomes

By the end of this course, participants will be able to:

- Understand the benefits of mentoring and how to build a successful mentoring relationship.
- Apply positive psychology techniques to motivate and support their mentees.
- Help their mentees to develop their skills, talents, and careers.
- Create a more positive and productive work environment.

What It Covers

This course will cover the following topics:

- What is mentoring and why is it important?
- The benefits of mentoring for both mentors and mentees
- How to build a successful mentoring relationship
- Positive psychology techniques for motivating and supporting your mentees
- How to help your mentees to develop their skills, talents, and careers
- How to create a more positive and productive work environment

Delivery Strategy

The learning has been structured as a 1-day interactive workshop featuring case studies, discussion, break out rooms, group activities, audio-visual presentations, role plays and anecdotes.

Formal Certification

At the completion of this program, the participant will be eligible to receive a Certificate of Participation from EQ Strategist.