

# Keynote Outline:

## From Manager to Leader – How Your EQ Matters

### Delivery Format

Live online or live in-person.

### Who Should Attend

Managers, Supervisors, Team Leaders, Project Managers, Department Heads, Directors, Senior Executives

### Duration

1 hour.

### Keynote Aim

Do you want to become a more effective leader? Emotional intelligence (EQ) is essential for leaders who want to build trust, motivate their teams, and achieve results.

In this keynote, you will learn:

- What leadership is and the different stages of the leadership journey
- The key differences between managing and leading
- The essential traits of effective leaders
- What EQ is and why it matters for leaders
- Practical tips for developing your EQ

Whether you are a new manager or an experienced leader, this presentation will give you the tools and insights you need to take your leadership to the next level.

[www.eqstrategist.com](http://www.eqstrategist.com)

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