

EQ Strategist Transformer Bio

Caroline Crosbie

Master Transformer

Based out of Perth, WA

Key Areas of Specialisation: Personal leadership and mastery, Resilience, Sleep, Mindfulness, Work-life integration, Communication, Interpersonal and Team Dynamics



Caroline Crosbie firmly believes that success is our legacy and that it's ours for the making if we dare to step into the arena of change.

Specialising in individual and team performance, she draws on her psychology-based background to help clients eliminate the barriers and inhibitors to success, utilizing tools to promote greater self-awareness, enhance communication and improve interpersonal and team dynamics.

In addition to her Master of Clinical Psychology degree and Diploma of Professional Counselling, she is also an Extended DISC Master Trainer, a Neuro-Linguistic Programming (NLP) and Emotional Freedom Techniques (EFT) Practitioner and she holds a Certificate IV in Training & Assessment.

Her international work experience expands across Ireland, England, Japan, New Zealand and Australia.

www.eqstrategist.com

Australia +61 (0)2 8901 3239 PO Box 258, Roseville NSW 2069, Australia

Singapore +65 8778 7250 119 Holland Road, Singapore 278563

ABN: 20327318387 UEN: 201723917N